

Aroma Works Program

“Complementary therapy approaches such as aromatherapy are increasingly part of the exceptional level of care provided by forward-thinking senior care communities.

These therapies can contribute greatly to promoting personal well-being, enhancing quality of care, and improving senior health outcomes.”

Benefits

- Allows for an individualized therapeutic approach for those affected by dementia, mood disorders, anxiety or pain and discomfort
- Proven, cost-effective method to reduce adverse medication effects, lower stress and anxiety, and improve mood through adjunct therapeutic interventions
- Therapeutic grade oils designed for easy use and application to support whole-person wellness
- Expands the range of therapeutic interventions with non-pharmacological resources
- Stimulates residents and their caregivers by engaging them in care planning and focusing on small group or one-one-one interventions



The Aroma Works Program helps facilities take a whole-person approach to care and expand their intervention approaches with non pharmacological options. Beyond providing supplies and equipment, our program supports facilities with monthly staff roundtables, in-services, marketing collaterals, and more.

All of our unique blends of pure essential oils come in easy to use neat blends or roll-ons. Our formulas are developed using 100% natural, therapeutic grade oils to enhance overall wellness.

Aroma Works: Basic Aromatherapy Toolkit

- Monthly Aromatherapy Roundtable trainings (delivered virtually) – Includes topics such as introduction to aromatherapy, its history and safety, routes of administration, application, documentation best practices, blending guidelines, and more.
- Supplies – Aromatherapy equipment shipped once a year. Includes ultrasonic and fan diffusers, personal inhalers, massage lotions, and select replacements.
- Essential oils auto-shipped to facility (choice of 3 neat blends and 3 roll-ons every month)
- One marketing collateral piece (provided electronically)
- In-Services for staff every month (provided electronically)

Aroma Works: Comprehensive Aromatherapy Toolbox

- Includes all “Basic Aromatherapy Toolkit” components
- Training with Facility Champions – 2 hour sessions during the first quarter (delivered virtually, or plus travel costs for in-person sessions)
- Aromatherapy video demonstrations (6 total, delivered every other month)
- Resident Council Agenda & In-Service Tool (delivered in the first quarter)
- Binder and forms for program management
- Reporting tool for outcomes
- Outgoing consulting for EMR integration
- Optional: Two complementary on-site visits (facility to pay travel costs)



**For more information or to schedule a consultation, please contact:
info@lifetimewellness.us**